

# 40th CMA ALLIANCE CONNECTIONS

Connecting Physician Families and Helping to Create a Healthy California

Winter 2022

HAPPY NEW YEAR FROM THE CMA ALLIANCE

## County Connections

### Sierra Sacramento Valley Medical Society Alliance

[www.ssvmsa.org](http://www.ssvmsa.org)



Co-Presidents  
Susan Brownridge  
Gabby Neubuerger

Co-Presidents of the SSVMSA, Susan Brownridge and Gabby Neubuerger proudly announced their fundraising and community outreach successes at the recent Holiday Luncheon in December.

- The Holiday Sharing Card raised almost **\$60,000** for their endowment fund and the society's medical scholarship program. Paula Cameto & Debbie Wills, co-chairs.
- The "Art of Medicine" in hybrid format raised **\$71,000**. Linda Myers & Mary Sterner-Sosa co-chairs.
- Quarterly blood drives accumulated **71 units of blood**
- Supporting local Title 1 school, Ethel I Baker
  - over **300 holiday meal boxes** (healthy meal for 4, recipes and zoom cooking class) were distributed.
  - **200 interactive science kits** for middle school at home learning were distributed.
- Dixie Fire Response: Patty Roberts Chair
  - **8 van loads** of durable goods (tents, coolers, sleeping bags, etc.)
  - **\$3,000 in gift cards**
- SSVMS Alliance received the SSVMS Medical Community Award to be presented on April 26, 2022 at the Elks Tower, Sacramento.

**Grants Given in 2021 totaled \$51,800 and Nursing Scholarships totaled \$13,000**



SIERRA SACRAMENTO VALLEY MEDICAL SOCIETY ALLIANCE  
2021 GRANTS \$51,800 & NURSING SCHOLARSHIPS \$13,000



Help fund the purchase of a GSI Audiostar (audiometer) to replace their 20 year old machine which can no longer be repaired. (\$10,000)

Purchase one year supply of individual milk cartons for distribution to clients for the "Milk Matters" program providing cost effective and readily available sources of protein. (\$5,540)



Purchase 70 Dell computer screens to update their electronic health records which will better integrate their healthcare system. (\$10,000)



Purchase equipment to establish their Low Vision Clinic's Telemedicine service. A crucial new service due to the COVID 19 pandemic (\$7,635)



Purchase production hardware and software to provide online Life-Long Learning and Wellness classes to seniors. (\$8,625)



#### Multiple Sclerosis Achievement Center

Support the inaugural Multiple Sclerosis Educational Summit as the presenting sponsor to be held in Sacramento during Multiple Sclerosis Month in March of 2022. (\$10,000)



Over its 90-year history SSVMSA has donated over \$1,300,000 in Community Health Grants and Scholarships to local organizations and Medical and Nursing Scholarships to local students. This would not be possible without your support. SSVMSA is a 501(c)(3) all-volunteer organization. Thank you for your donation and support of our local community.



## SSVMS Alliance Has a Proud Heritage and is Dedicated to a Healthy Community

The Sierra Sacramento Valley Medical Society Alliance is a non-profit organization dedicated to improving the quality of health in our community through education, funding and volunteer support. We have continuously contributed to the well-being of our community since 1931, by granting over a million dollars to community organizations throughout the greater Sacramento region. In addition, we contribute thousands of dollars annually to support medical school and nursing scholarships.

### SSVMS Alliance's Annual Holiday Luncheon



#### Past CMA Alliance Presidents Attending

Lisa Smith, Tricia Hunstock, Debbi Ricks, Gabby Neubuerger



#### Mattone Ristorante in Sacramento

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## Sonoma County Medical Association Alliance Foundation

### Give-A-Gift Programs



SCMAAF's Give-a-Gift Program, in its 68th year, is committed to helping improve the lives of foster youth in Sonoma County. They focus on two annual initiatives:

1. Gifting over 250 children during the holiday season. This is their most impactful contribution.
2. Awarding 20-30 laptop computers to youth pursuing post-secondary education.

Congratulations to our SCMAAF members who continued these outreaches even during the pandemic.

### GIVE-A-GIFT DONATIONS 2020-2021



800+ HOLIDAY GIFTS TO 210 YOUTH



18 BIKES AWARDED



12 LAPTOP COMPUTERS AWARDED



\$5,000 IN SCHOLARSHIPS TO VOICES

[Click Here for Complete Information on the Give-a-Gift Program and to Donate](#)



### Gift Wrapping Day

Wrap Day marks a very special point in SCMAAF's gift giving efforts. It marks a time when all the gifts for these deserving youth have been purchased, sorted, and await to be beautifully wrapped by the generous hands of the many volunteers. It's an occasion they look forward to because it allows them to share in the holiday spirit with the wonderful Alliance community, knowing each person had a hand in making this time of year more joyous and hopeful for children all over Sonoma County. Special thanks to the "Give a Gift" Co-Chairs Liz Bauer and Elizabeth Restel,

# Los Angeles County Medical Association Alliance

[www.lacmaalliance.com](http://www.lacmaalliance.com)

## 2021 Vaccination & Annual Toy Give-Away Event at Clinica Romero

		
		
Los Angeles Vaccinated 2021 T-shirts Given Out	Vaccination Event Held At Clinica Romero	Santa Giving Out Toys and Other Gifts to the Children
LACMA Alliance Table Books, T-Shirts & Shot Blockers	LACMA Alliance Event Crew Setting Up the Table	77 Children Vaccinated at the Annual Toy Give-Away

Last month, LACMA Alliance did its part to help get “Los Angeles Vaccinated in 2021.” Thanks to a grant from the California Medical Association Alliance and donations from Bionix (creators of ShotBlockers) and Better World Books, participants who were vaccinated at Clinica Romero’s Vaccination and Annual Toy Give-Away Event received “Los Angeles Vaccinated 2021” t-shirts, a ShotBlocker to help ease the anxiety of the vaccination and educational books to take home. Special thanks to Stacie Oppong for applying for the grant and for coordinating and implementing LACMAA’s participation in the event. Additional thanks goes to Melissa Parra for her assistance throughout the process and to Stacie’s family for their help setting up the event. LACMAA looks forward to participating in additional vaccination events like this in 2022.

## From the President



Meeting by Zoom just doesn’t do it anymore, I want to see you in person so we can enjoy the camaraderie of the Alliance that has been enjoyed for so many years. We met by Zoom for our annual meeting last year and this year will depend on how state mandates go. Keep your fingers crossed that in person meetings are possible soon.

The CMAA grant cycle will be announced soon and I encourage alliances and members at large to apply. The application and guidelines are on our website [cmaalliancenet.org](http://cmaalliancenet.org). Look at them carefully and apply. Examples of last year’s grants were funding of an immunization clinic in Los Angeles and nursing scholarships in Sonoma. What is your alliance doing that would qualify?

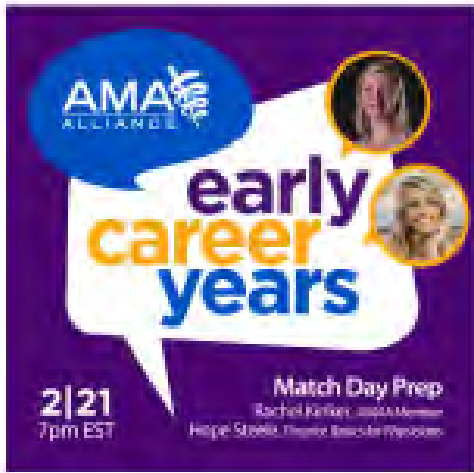
Join us for our [Western States Regional Meeting](#) in September 7-10 in San Diego to meet other alliance members from other Western States, it is a meeting of collaboration, friendship and leaning about what other states are doing.

Presently the AMA Alliance meeting is a go in Chicago June 11-13. The [AMAA’s Centennial Celebration](#) will mark AMAA’s 100th year anniversary. Did you know during that period California has had four AMAA presidents? Ann Hansen, Isabel Dvorsky, Mrs. Ralph Eusden and Mrs. James Percy.

Thank you for your membership and helping to support the physicians of California and multiple community projects.

Nancy Schneider, CMA Alliance President

# American Medical Association Alliance Connection



## AMA ALLIANCE MEMBERS & NON-MEMBERS SIGN UP FREE TODAY

The AMA Alliance invites all interested to this Match Day Prep offering February 21, 2022 at 7 pm EST. Share the link with your friends for this Zoom meeting and join us to find out about "Match Day Prep: Relocation Advice, Moving Resources and Setting Up Life in Your New Home."

<https://us02web.zoom.us/meeting/register/tZMtd-CtqDkoGdAKSHqU2BwbBjQBCCxvIDlq>

## Western States Regional Meeting

September 7-10, 2022

Westgate Hotel in San Diego, California

***"A Weekend of Connection & Collaboration"***

Hosted by the  
**CALIFORNIA MEDICAL  
ASSOCIATION ALLIANCE**



For Further Information Contact: [westernstates2022@gmail.com](mailto:westernstates2022@gmail.com)  
[www.cmaalliancenet.org/western-states-regional-meeting-2022](http://www.cmaalliancenet.org/western-states-regional-meeting-2022)

OUR WESTERN STATES PARTNERS



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